

HARM REDUCTION  
~ MEANS ~  
PEOPLE FIRST



# Harm reduction means people first

## Rainbow Pride Youth Alliance (RPYA)

RPYA is a grassroots California non-profit 501(c)(3) organization (est 2001). We provide services to LGBTQ+ youth and their parents and caretakers, including workshops, online support groups, and linkage to resources. Visit our website for more information.

For crisis support, you can also visit our peer crisis counselor program, Unity Hope.

Written by: Perla Yesenia Madera

Editor: Zeferino Llamas  
IG: @zeferin.o

Design, Text and Illustration  
Frankie Aguilar  
IG: @MermaidPancha

Copyright 2023  
All Rights Reserved.

RPYA Website

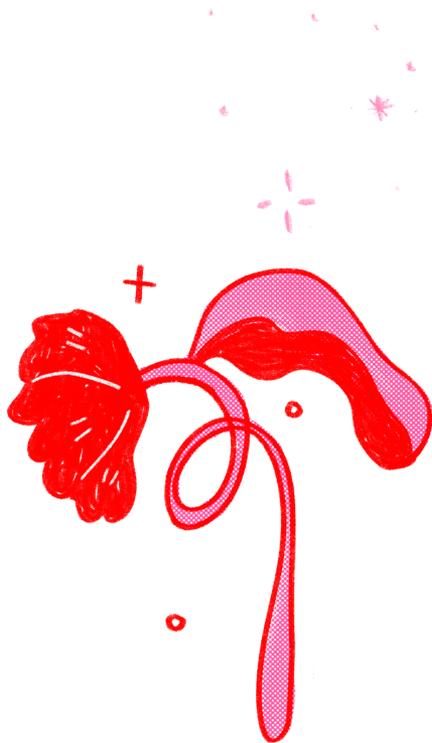


UnityHope



Rainbow Pride Youth Alliance  
909.206.4830  
info@rainbowprideyouthalliance.org  
@rainbowprideyouthalliance

Thanks for our sponsors:





# Table of contents

- What Is Harm Reduction (HR)?
- Goals
- Harm Reduction At RPYA
- "Enabling"
- National And Local Harm Reduction Resources



# What is harm reduction?

Harm reduction refers to public health policies designed to lessen the negative effects associated with substance use and sex, such as overdose and sexually transmitted infections. Harm reduction strategies always include meeting people where they are with kindness, respect, and compassion.



# Harm reduction means people first!

The Harm Reduction Movement is centered on respect and compassion rather than punishment. Some harm reduction principles include:

- Meeting people where they are.
- Encouraging positive change.
- Including people with lived experience of addiction and drug use as leaders and decision-makers within harm reduction spaces.

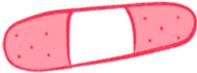


# Harm reduction does not enable drug use

At RPYA, we support harm reduction strategies because they empower people who use substances to make decisions about their own health and livelihood. We understand people will use drugs. It is not about getting people to stop, it's a matter of lowering the risk.



# Harm reduction allows people who use substances to create their own goals.



For some people, abstaining from drugs or alcohol may be their goal. For others, the goal may be to reduce use or to stop using one substance entirely.

Goals can also include reconnecting with loved ones or finding stable housing.

When we support loved ones on their journey toward positive change, it helps empower them and increase their chances of success.

# Harm reduction program at RPYA



We do our best to end overdoses, which is why we have Narcan and Fentanyl Test Strips upon request and at our booths.

## FENTANYL TEST STRIPS

Fentanyl test strips are small strips of paper that can detect the presence of fentanyl in any given drug.



**available upon request**

## NALOXONE

Also known by the brand name Narcan, this is a safe, easy-to-use medication that reverses opioid overdoses.



# National harm reduction resources

## Never Use Alone Hotline

Overdose prevention, crisis response, reversal lifeline  
Call 800-484-3731

"No stigma. No judgement. Just Love!"

## National Harm Reduction Coalition

Find syringes and Naloxone near you. HR Education  
[HarmReduction.org](http://HarmReduction.org)

## Choose Change California

Treatment locator for stimulant and  
Opioid Use Disorder  
[ChooseChangeCA.org](http://ChooseChangeCA.org)



## Legal Action Center

Legal resources for Substance Use Disorder and  
Record Sealing and Expungement  
[Lac.org](http://Lac.org)

## Know Your Rights

Zine on your rights to Substance Use Disorder Care for  
drug and alcohol-related ER Visits  
[bit.ly/kyrsudcare](http://bit.ly/kyrsudcare)

# Local harm reduction resources

## Family Assistance Program

Housing Support

<https://familyassist.org/> ( San Bernardino County)

## IE Harm Reduction

(general inquiries and syringe cleanup)

[info@ieharmreduction.org](mailto:info@ieharmreduction.org)

(951) 364-5311

## Operation Safe House

[operationsafehouse.org](http://operationsafehouse.org)

## CAT 911

Alternative to 911

IG: @Riversidecat911

[cat-911.org](http://cat-911.org)

## IE Opioid Crisis coalition

Treatment Resources

[www.ieocc.org](http://www.ieocc.org)

## Harm Reduction circle

Services at nightlife events

[www.harmreductioncircle.org/](http://www.harmreductioncircle.org/)



**RAINBOW PRIDE  
YOUTH ALLIANCE**